

Sample yummy Brum and lose yourself in the Balti Triangle

Food Miles

By Andy Lynes

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This month, Birmingham celebrates its emergence as a genuinely exciting gourmet destination with the city's first annual Food Fest, from 14 to 23 October (birminghamfoodfest.com).

Try a tutored gin and spirit masterclass at the Gin Palace, The Jekyll and Hyde, 28 Steelhouse Lane (0121-236 0345; thejekyllandhyde.co.uk), where you can taste some of the extensive collection of global gins including Aviation gin and Old Raj. Learn how to mix your own classic and contemporary drinks, which might include a Negroni Snr made with Seagrams Distiller's Reserve, Aperol, Carpano Antica vermouth and kumquat mist.

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